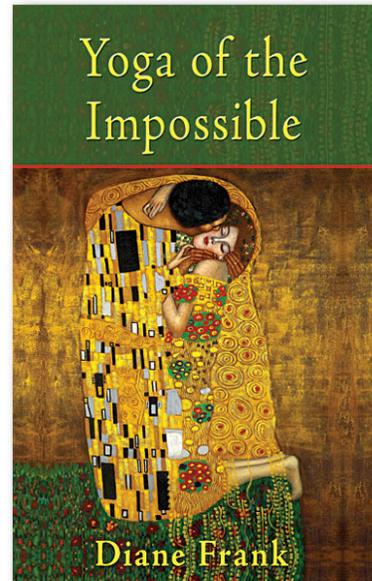


**Yoga of the Impossible, a novel by Pulitzer Prize nominee  
Diane Frank**  
*(Blackberries in the Dream House)*

“In *Yoga of the Impossible*, a series of journeys of the mind, the heart, and the whole spirit dance, punctuated by the most amazing imagery. At some place in this picaresque work, the reader will stand up and cheer. I guarantee it.”

—Mary Norbert Korte, *The Persephone Poems*

Pulitzer Prize nominee and Chelson Award winning author, **Diane Frank**, will release her new novel, **Yoga of the Impossible** on May 21, 2014 with 1<sup>st</sup> World Publishing.



***About the story:***

Take an American geisha, an artist who knows everything the geishas know about love. Put her in a society that's morally profane, and ask her to find her way. The story is told through the soul of a sculptor who lives her life as a contemporary Aphrodite. Katarina sees everything through the lens of an obscure Indian philosophy, Yoga of the Impossible, a path of seeking enlightenment through opposites and contradictions.

Early in the novel, two young teenagers face a trauma that will ripple through their lives unless they turn around and deal with it. You'll meet a tribe of late-blooming artists searching for love on a crooked path. Dripping with fine art, **YOGA OF THE IMPOSSIBLE** is populated with musicians, dancers, sculptors, radio talk show hosts, and mermaids transforming lunacy into poetry.

***What they are saying about Yoga of the Impossible:***

“Diane Frank has that amalgam of poetry and prose just right. She has perfect pitch. It’s a knockout.”

—Robert Scotellaro, Author of *Measuring the Distance*

“One of life’s greatest teaching tools is paradox, as people have to deal with paradoxes every day in order to grow. Diane Frank’s *Yoga of the Impossible* weaves the paradoxical teachings of union to show how to find the gold buried within. Diane is a master tantric weaver in the way she slips a man into a woman’s mind to feel the power of relationships from a woman’s experience. Her rich, sensuous imagery enlivens me to my core.”

—George James, Author of *Copperhead: Tantric Lessons on Love*

“Diane Frank has written a novel that is wise and exquisitely lyrical! Both love story and spiritual odyssey, *Yoga of the Impossible* is addictive, leading to hours on a cushy sofa, feeling delighted and enthralled.”

—Anya Luz Lobos, author of *Wild Knowing*

**About the author:**

**Diane Frank** is an award-winning poet and author of six books of poems, including *Swan Light* and *Entering the World Temple*. Her friends describe her as a harem of seven women in one very small body. She lives in San Francisco – where she dances, plays cello, and creates her life as an art form. Diane teaches at San Francisco State University and Dominican University, and leads workshops for young writers as a Poet in the School. She is also a documentary scriptwriter with expertise in Eastern and sacred art. *Blackberries in the Dream House*, her first novel, won the Chelson Award for Fiction and was nominated for the Pulitzer Prize.

To schedule events, book signings, and author interviews contact: [GeishaPoet@aol.com](mailto:GeishaPoet@aol.com).